



Mar 16, 2023

An awareness event entitled; Nutrition Care for All

The Deanship of Student Affairs (Abu Dhabi Campus), in cooperation with the College of Pharmacy and the College of Education, Humanities and Social Sciences, organized an awareness day for nutrition under the slogan "Nutrition Care for All" under the supervision of the Nutrition and Diet Program and the Special Education Program and in the presence of Prof. Ghaleb El Refae, the President of AAU, and Prof. Ibtehal Abu Rezeq, Vice President of Development and Follow-Up, and the Dean of Student Affairs, and deputy deans.

The awareness day included a variety of activities aimed to educate the university community about healthy lifestyles through proper nutrition and following a healthy diet. The role of nutritionists was introduced, as well as healthy dishes, the importance of drinking water, and examples of healthy diets for some diseases

Many tips and instructions were also given regarding nutritional and medicinal interventions for people of determination. The students examined the body components of a number of attendees and informed them about the association of body weight and excess fat with heart

disease and diabetes.

[Press Release Link](#)