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## Healthy & Scrumptious Dishes Competition at AAU

The Deanship of Student Affairs at Al Ain University of Science and Technology organized the Healthiest Meal Competition for the students at Al Ain Campus, this to promote the awareness of the healthy food importance.

Ten teams participated in the competition to prepare the best healthy dish in terms of its integrated nutritional value, appetite and presentation.

Dr. Ibtehal Aburezeq, the Dean of Student Affairs, and Dr. Sumaya Al Thahabi from Mediclinic, judged the competition and rewarded the winners a cash awards.

The event aimed to enhance adopting healthy diet, promote healthy awareness among the students, encourage them to take part in extracurricular events that develop their skills, as well as, provide opportunities for the students to unleash their abilities and energies in fairer competition.

[Press Release Link](#)